## Keybook food intake being

	Morning	Condition	Midday	Condition	Evening	Condition	Special Features We	eather	Contraction
Monday									
Tuesday									X
Wednesday									Cigarettes
Thursday									Υ
Friday									
Saturday									z
Sunday									Meat
Monday									1
Tuesday									Pill
Wednesday									2
Thursday									
Friday									3
Saturday									
Sunday									4
Monday									fish
Tuesday									5
Wednesday									
Thursday									6
Friday									salt
Saturday									7
Sunday									
Monday									8
Tuesday									Honey
Wednesday									9
Thursday							Donation		
Friday							David Winter IBAN DE71 4401 0046 0130 4194 68		0
Saturday							BIC PBNKDEFF Konto-Nr. 130419468 BLZ 4401004	16	Alcohol
Sunday							Paypal David-Winter-Designs@t-online.de		©David Winter Design's